OUR INSPIRATION







Mr. Kamlesh Patel (Daaji) Heartfullness Global Guide

ORGANIZING COMMITTEE

Convener
Dr. R. A. Chougale
Professor & Head, Dept. of Microbiology
Contact: 9890275056

Co-Convener
Dr. Vrushali Nejdar
Homeopathic Consultant,
& Heartfulness Tranier
Contact: 9766538539

Organizing Secretary
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Asst. Professor, Dept. of Microbiology
Contact: 9890984020

Organizing Secretary
Dr. Ms. Vandana Powar
Heartfulness Tranier
Contact: 9422047480

Co-organizing Secretary
Dr. V. S. Vatkar
Associate Professor,
Dept. of Microbiology

Contact: 9823241351

Treasurer
Dr. R. A. Dighe
Asst. Professor, Dept. of Microbiology
Contact: 9822479539

■ MEMBERS ■

Mr. Nitin Bhosale-Zonal co-ordinator, Heartfulness Institute, Kolhapur. Dr. Saroj Nejdar-Centre co-ordinator, Heartfulness Institute, Kolhapur.

Mr. J. V. Narute, Dr. Patkar V. R., Dr. Gopal Aironi, Mr. Arun Kumar, Prerana Shinde, Dr. Noorie Aironi,
Dr. Snehal Bhokare, Mr. Sambhaji Jadhav, Mr. Govind Patil, Mr. Dhananjay Patil, Mrs. S. N. Patil, Mrs. Anita Jadhav,
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Minakshi Jadhav, Veena Patil, Kshitija Kadam, Mr. V. D. Somvanshi, Mr. Prafull Mirajkar, Mr. Sharad Patil,
Mr. Abhijeet Khandekar, Mr. Suraj Vankudre, Mr. Rishi Bodake, Mr. Manoj Chougale, Mr. Ruchir Thatte,
Mr. Nitin Patil, Dr. V. R. Nikam, Dr. N. T. Venugopal.

PAYMENT DETAILS

A/c holder Name : "Registrar, D. Y. Patil Education Society,

Deemed University, Kolhapur"

Bank : HDFC BANK LTD.

Branch : Heda Chambers, Ground Floor, 1466,

C-Ward, Laxmipuri, Kolhapur - 416002.

Account Number : 50200026921811

Type of A/c : Current

IFSC Code : HDFC0001274

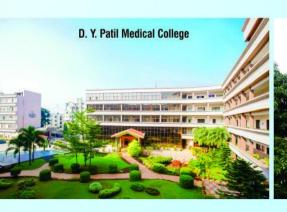
REGISTRATION FEES

For U. G.	For P. G.	For Faculty
₹ 700/-	₹ 1000/-	₹ 1000/-

ABOUT KOLHAPUR

It is located in Western Maharashtra & is easily accessible via air, road & railways. Kolhapur is known as a place of pilgrimage & is called as "Dakshin Kashi", aslo famous for it's Shree Mahalaxmi Temple & has several places of tourist interest such as historical fort Panhala, beautiful Museum, Rankala Lake etc. located nearby.









National Conference on Designing Your Destiny (NCDYD) - 2019



ORGANIZED BY

D. Y. PATIL EDUCATION SOCIETY INSTITUTION DEEMED TO BE UNIVERSITY

(Declared u/s of the UGC Act 1956)

Reaccredited by NAAC with 'A' Grade

DEPARTMENT OF MICROBIOLOGY,
D. Y. PATIL MEDICAL COLLEGE. KOLHAPUR

HEARTFULNESS INSTITUTE

Meditation for human integration

01

16th March 2019

Venue: Victoria Hall, Hotel Sayaji, Kawala Naka, Kolhapur.

Applied to Maharashtra Medical Council for TWO (2) Credit Points.

Confernce proceedings will be published in UGC listed indexed international journal with high impact factor.

PREAMBLE

"Educating mind without educating heart is no education at all"

-Aristotle.

Knowledge is a flow, a continuous growth, based on new experiences and new research. You only possess the inbuilt power and resources you need to achieve your highest goals. The most phenomenal engineer is within you. Reset your destiny to abundance, freedom, love, joy, wellbeing, and positive mind with synchronous heart through training of your mind and heart. Educating heart entails not to focus only on the development of cognitive aspects but also to transform you to a person of true character and a true human, reflecting harmony and integrity of mind and heart. This is what we are seeking by arranging this one day National conference cum workshop. The lectures and guidance of eminent speakers from Heartfulness Institute & D.Y.Patil Medical College, Kolhapur with small relevant and entertaining exercises will help you to imbibe harmony between your heart and mind through their synchronized working to seek in designing your destiny.

On behalf of **Microbiology Department** and **Heartfulness Institute**, we the members of Organizing Committee are looking forward for your active participation in this multidisciplinary "National Conference on Designing Your Destiny (NCDYD) — 2019" and experience a warm hospitality of our University.

OBJECTIVES

- 1.To synchronize your heart and mind;
- 2.To develop positive mind-set and attitude;
- To help in designing your destiny;
- 4.To lead a successful & happy life.

WHO SHALL ATTEND?

Undergraduate and postgraduate students and faculties from all disciplines, PhD students, Medical officers, Researchers, Clinicians, Pre & Para Medical staff, Specialists, Lab managers, Nursing staff, Pharmacists, Engineers, Architects, Lawyers etc.

PROGRAMME

TIME	SESSIONS					
08:30 to 09:30 am	Registration and Breakfast					
SESSION – I						
09:30 to 10:15 am	Attitude and Communication: V. Shreenivasan Economic graduate Delhi University & PGDM-alumnus of Symbiosis Centre for Management & HRD (SCMHRD); Human Resource Practitioner & Facilitator, Chennai.					
10:15 to 11:00 am	Character and Lifestyle: Rishi Ranjan B Tech (Electronic and Instrumentation from NIT Rourkela, Executive Management course from Michigan Ross school of Management – working as global leader for IBM, Bangalore.					
11:00 to 11:45 am	Role of yoga and meditation in designing your destiny with demonstration: Dr. Deepak Deshkar & Dr. Mrs. Priti Deshkar Asst.Professor Dept. of Microbiology, D. Y. Patil Medical College, Kolhapur.					
11:45 to 12:15 pm	Inauguration, Key Note Address					
	SESSION – II					
12:15 to 01:00 pm	Be the change- inspired through heart: Dr. Haresh Mehta MD, DNB (cardio), University Hospital Bern, Switzerland, Interventional cardiologist for Lilavati Hospital & Research center, Hinduja Healthcare Surgical Hospital and S. L. Raheja Hospital, Mumbai; Founder of Healing Hearts.					
01:00 to 02:00 pm	Lunch Break					
	SESSION – III					
02:00 to 02:45 pm	Positivity in relationships: Dr. Snehal Deshpande Pediatric Rehabilitator, Director of Sneh – Rehabilitation, Education and research centre – Mumbai, Director-CME Heartfulness India.					
02:45 to 03:15 pm	Platform presentations by UG and PG students e-poster presentations by UG and PG students					
03:15 to 04:00 pm	Activity/ Workshop					
04:00 to 04:45 pm	Heartfulness in a professional Life: Dr. Nivedita Shreyans BA (lit), MBA, DPSM PhD Management (Brand Management strategies) University of Mumbai, Educationist, Meditation and Wellness Expert, Director- PR & corporate communication, Pillai group of Institution, Mumbai.					
04:45 to 05:00 pm	Tea Break					

PROGRAMME

TIME	SESSIONS			
SESSION – IV				
05:00 to 05:30 pm	Public forum			
05:30 to 06:00 pm	Panel Discussion			
06:00 to 06:30 pm	Valedictory Function			

E-mail for NCDYD-2019: dypmicro@gmail.com For abstract, articles & e-posters.

CHEIF PATRON



Dr. Sanjay D. Patil Chancellor & President D.Y.Patil Education Society, Kolhapur (Deemed University)



Mr. Satej D. Patil (MLA)
Hon'ble Vice President.
D.Y.Patil Education Society,
Kolhapur
(Deemed University)



Mr. Ruturaj S. Patil Trustee D.Y.Patil Education Society, Kolhapur (Deemed University)



Mr. Pruthviraj S. Patil

Trustee
D.Y.Patil Education Society,
Kolhapur
(Deemed University)

PATRONS



Dr. P. B. Behare
Hon'ble Vice Chancellor



Dr. Shimpa R. Sharma Hon'ble Pro Vice Chancellor



Dr. V. V. Bhosale Registrar



Dr. R. K. Sharma



Dr. C. D. Lokhande Research Director



Dr. Ashalata D. Patil Vice Principal



Dr. Shridhar Narayanswami



Mr. Sanjay P. Jadhav Deputy Registrar

NATIONAL CONFERENCE ON

"Designing Your Destiny" (NCDYD- 2019)

16th March 2019

Organised by: - D.Y. Patil Education society institution deemed to be university (Declared u/s of the UGC Act 1956)

Reaccredited by NAAC with "A" Grade DEPARTMENT OF MICROBIOLOGY D.Y. PATIL MEDICAL COLLEGE, KOLHAPUR.

&

HEARTFULNESS INSTITUTE

Venue: -Victoria From for Submis	Paper Poster				
(Last Date for Ab	ostract Submission 10th Marc	h 2019)			
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State Registration	n No:				
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Topic:					
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Address for Corre	espondence: -				
Dr. Mrs. V.S. Vat	kar	Dr. Mrs. A. S. Jog			
Member, Scientific Committee		- 0	Member, Scientific Committee		
NCDYD-2019		NCDYD- 2019	•		
Mobile No.: -9823	3241351	Mobile No.:-985009	Mobile No.:-9850092652		
Dr. Sunita S. Pati	1	Mr. Arun Kumar P	r		
Member, Scientif	er, Scientific Committee Member, Scientific Committee		c Committee		
NCDYD-2019	DYD-2019 NCDYD- 2019				

Mobile no: 9075786450

Mobile no: 9850680322

NCDYD 2019 ABSTRACT SUBMISSION GUIDELINES

All abstracts for paper session and posters should be submitted at email: <a href="https://dynamicro.org/dynamicro

The scientific committee's decision will be final.

Instructions for abstract preparation

Please specify for paper session or for poster session.

DEADLINES: - Abstracts submission: - 10th March 2019

Full paper submission: - 30th March 2019 (For conference proceedings)

HOW TO SUBMIT

- 1. LANGUAGE: Abstract must be typed and presented in English
- 2. **FONT:** Use font type Times New Roman, Font size 12
- 3. **WORD LIMIT:** The abstract must be written within 250 words. Excluding title, and the names of the author (s) and their institutions.
- 4. **CONTENT:** The submitted abstracts must contain the following.
 - a. Objective: State the main objective of the study
 - b. **Materials and methods:** Briefly describe the design of the study and how it was conducted
 - c. Results: Present the main results with appropriate statistics
 - d. **Conclusion:** Limit the conclusions to those that are directly supported by the results.
 - e. **Title:** The title of the abstract must be typed in **CAPITAL LETTERS** with the exception of scientific names, which should be in upper and lowercase forms and italicized.

PLEASE NOTE THE FOLLOWING BEFORE SUBMITTING ABSTRACT:

- ✓ Scientific committee has full authority for selection/cancellation of papers. All abstracts will be peer reviewed.
- ✓ Abstracts will be accepted from only those who have registered for NCDYD-2019.
- ✓ Only electronic submissions will be accepted. Supporting documentation will not be accepted by email.
- \checkmark There will be no exceptions for missed deadlines. The deadline is 10th March 2019.
- ✓ If selected for either oral or poster presentation, you will be recognized as a presenter at the conference. No financial support will be offered to accepted presenters.
- ✓ There is 75- character limit for the title of your abstract submission
- ✓ Once submitted an abstract may be edited.
- ✓ Abstracts can be submitted to or presented at other meetings, but will not be accepted. If the abstract is previously published in a journal at the time of submission.
- ✓ Main authors of submissions will be notified of acceptance or declination by end of 14th March 2019
- ✓ All authors of accepted abstracts MUST conform their acceptance.
- ✓ Registration for the conference is compulsory for the author.

PRESENTING AUTHOR DETAILS:

- ✓ The presenting author's name must be underlined
- ✓ Along with the abstract/full paper, the authors should submit:
- ✓ Forwarding letter from the concerned Head of the Institute/Department with seal indicating that "the paper submitted for consideration is an original research work of the first author"
- ✓ **RIGHTS TO PUBLISH**; In submitting the abstracts the authors also grant the "NCDYD- 2019" Organizing committee the right to publish the abstract in the proceedings both in hard and electronic form.
- ✓ **ACCEPTANCE:** Presenting author shall be notified of the status of the abstract after being reviewed by the committee, by email., Authors selected for oral and poster,
- ✓ Presentation will be informed by 10th March 2019. Communication will only be made by email only on this regard. Hence including email address along with abstract is mandatory.
- ✓ **REGISTRATION:** All entries should reach within last date SPECIFIED. Submissions will then be reviewed and acceptance conveyed 10th March 2019.

IMPORTANT DATE: - Submission starts on 20 February 2019

Submission closes on 10 March 2019.